



VOLUME III ISSUE #7 AUGUST 2010

NEWSLETTER

(A Publication of The University of Melchizedek)



PAUSE
&
PONDER

Your Life as a Melchizedek initiate

WHERE ARE YOU IN ME?

THE MASTER'S PAPERS Number 19

The object of your incarnation is to embody Me. You are to receive Me in every part of your life, to lift your thoughts to Me. To allow Me to express as you. And in this way are you "saved."

Your receptivity to Me allows Me to express all parts of your life as the truth. In My Presence there can be no error. As I AM, no thing else is.

Go "home." As you rest in Me, Infinite Intelligence, I AM active in all life. I AM all life. I AM the flowing Intelligence governing the spirals of My creation as I AM. I AM not separate from My creation. I AM one with it.

If and when any seeming discordance arises, remember not to try to make it better. Rather come "home" to Me. I AM the peace you seek, the quiet, the harmony, the abundance. Your consciousness must change! Your consciousness must shift into oneness. There AM I. Many times students on the path try to change the conditions, the appearance. And they attempt to change their conditions by using their range of understanding. But they know Me not! As you

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rest in Me, the I AM Presence, your reality will change. As My divine energy fills you, you sense a change in perception. You then can see with new eyes. It is as though you see with new vision, a new world. But it - this new world or "kingdom" - has always been with you, but hidden by your limited perception. As you allow Me to reveal Myself to you, error is swallowed up by Truth. The presence of God is your truth.

As you can let the Holy Spirit, Divine Mind, act upon your mind and your feelings, great will be your reward. For you will see things far differently!

But, as long as you give power to the appearance, cringing in fear, believing what you see, so do you give life to that appearance. As surely as you believe does it become "the devil."

Decide "Are you for Me, or against Me?" As you can rest in Me and allow Me to express, so will you rise out of the appearance - a prisoner no longer - into the kingdom of God.

The path, this spiritual journey, requires that you, the chela, depend completely on Me. This causes Me (I AM) to objectify as ... (love, security, paid bills, health). Such is the way of the Spirit in you to ask this of you.

Remember that God - Truth - does not favor us, bestow on us, choose us out of many. God is Consciousness, complete in Itself.

It is through My Consciousness that you receive all that I AM in Truth. Your receptivity to My Consciousness allows this to happen. Yet, always remember that

God is. You cannot "use" God. God is always there in expression. Always radiating healing, divine love, universal life energy. As you allow God to Be, then do you experience the loving cup.

There are some of you still praying to God for help. You ask God to do something for you. THERE IS NO SUCH GOD! Empty yourself that you might be filled - of Me. That I might Be. Everything you need and want is stored in Me. As you return home or let go of the appearance, the world, so do I harvest you as My Son-Daughter and I AM. Then, the keys of the kingdom are yours as "I."

In the Coming months and years, you will be torn apart if you have not listened. Because of the incoming vibrations, you must align with the GodSelf or the reality within your own heart and mind. All alignment is, is a returning "home." It is a connection with the Higher Self: the full message of the Lord. That which is entering your planetary system is God personified as The Supreme in embodiment, the unified system of Creative Intelligence actualizing in all space and time. As you are willing to receive this Oneness, you are gathered up into a new vibration, a new dimensional frequency. This is the passage into a new body of light or creative power.

Therefore, maintain your stability solely on God who is your nourisher and provider. If, like Jesus, you say: "The Father and I are one," then the oneness that is the incoming vibration

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Personality

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Too much attention is still being paid to the personality. I cannot emphasize this too much. *This is a form of attachment.*

There is in Truth the Oneness. This is the key and it is the Law, the eternal Law of Existence. Only in the Oneness will you find Truth. Only in the Oneness will you find *life*. And this life must not be given false identification.

The Law is I AM. There is but One universal Law in Truth. There is no other. Read your *GodSelf* lessons carefully. Study the words. They will tell you of this.

When you decree "I AM," you do not decree against something. This is important. Because when you do this, you are setting up error, feeding it and giving it life. The I AM *is the Life within you*, and this Life must express outwardly if and when you are resting in that I AM, seeing Truth not evil, not even the personality. You must live in the Presence to have the Presence objectify. And this must be written over and over until you understand. The Word - the eternal Word of the Creator - is I AM. When there is no other in your consciousness - only then - forsaking all else - will I come to you as universal Being to objectify Myself as That which is needed or desired for all creation. You see, the minute you rest in Me as I then God is. The firm and positive identification with the GodSelf does the work.

Never mind what people feel and think. Stop trying to appease the personality of your loved ones, your boss, your teacher. For these things will cause a block in your consciousness. It will stop the flow of Life Intended.

The appearance has no power as you rest in the Oneness that is My Be-ing. My Thoughts are greater than any thoughts in the material field. When you allow yourself (for it is always by your choice) to be drawn into the personality of another, you lose your consciousness to that one. You have placed yourself in the prison of personality. You

have caused affliction upon your body and your mind. You have trespassed!

Be not concerned with another's reactions. What they are doing or feeling. You have no time for that now. You must walk as light and release yourself at last from the mortal fields of existence.

For many eons, many of you who read this, have been caught in the debris of this planet, caught and bound in the respiratory system of the false gods who are now emerging as the planet is being cleansed for her transformation. Many a cloud arises that you must not claim. You must recall your strength in Me and leave all behind. Hear the Master's Call, the Call that rings forth in the heavens, "Leave your nets. Come follow Me!"

Now in these last days of a false world, train yourself to stay - I say stay - in the Light of the One. Read *The GodSelf*. It has been especially written for you for these times. Raise your consciousness into the Light and free yourself - O My daughters and sons. To Heaven's Gate you must come! Free at last!

Pay absolutely no attention to the personalities of others! Do not mingle in the false personality that is your "downfall." You must leave everything and everyone. Come join the Master now. As He speaks so it is. *Forever it shall Be. For I send My Light to you that you might be returned to Me as the Christ.*

Leave the personality. Leave the false world. I want you free. Free in Me that I might begin to live in you as is The Plan for all in All. Do not tangle with the false name. Free yourselves! Enter now My Life. For that is the World I have made for you under My Sun. Sananda has spoken when He says: *Go free!* Stand ready to ascend!

Eternal blessings are given from the World of Light,

WHERE ARE YOU IN ME?

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When man separates himself from God, he/she loses his/her connection with the kingdom. He must toil by the sweat of his brow. God, then, can seem to be destructive, even wrathful as described in the Old Testament.

But the Master Jesus gave us a new rhythm; He brought us the Christ. And He let us know that as we submitted ourselves to the Father's will, we would experience rebirth, a requalification in Spirit. (This is now taking place for many on this planet.) Jesus as the Christ showed us a loving God, a God of Mercy and Divine goodness. Such is the God today of the New Testament. Not a God of retribution but of love. Yet, the Master Jesus explained to us: "You must be born again." And here you have the lesson.

In closing: Your source is God. No other. As you go deeper and deeper into your Self, you will find that all doors will shut save the one door. That is the door that opens when you knock.
Blessings,
Crystal



Come, Let Me Advise You...

THE MASTER'S PAPERS Number 34

Most of you reading this paper today have been awakened to some measure. When I say "awakened," I am referring to the awakening of kundalini, the great mother within you: the sleeping giant.

After kundalini is awakened, your path becomes one of careful alertness, for you must be watchful that your thought and feeling are vibrating agreement in the One, or for the highest good.

Once you have aroused kundalini, the creative power, it wants to produce of itself for the good of the whole. But if you have a thought and that thought is accompanied by a hurtful, negative feeling, you will cause kundalini to objectify as negativity. It will outpicture what you have decreed by your matching of thought and feeling.

Watch this principle carefully. Perhaps you may have asked yourself, "Why is this happening to me?" As an example: If you have a thought such as, "I hate my job." And with that thought is the feeling of distaste, and even hate, negative experiences will objectify as your job. For you have created it by thought and feeling. Do I make myself clear here?

As another example, you might think to yourself, "I can't do anything right." And you feel helpless and incompetent, then you have placed obstacles in your path, haven't you? You have created your own mess. That's right!

Every thought that is supported by feeling will objectify. What good is a decree if you don't believe in it?

But, you may say, I have so much doubt and disbelief in my system, how can I support my decree with positive feeling? You must begin affirming every morning, during the day and at night before you go to bed. Go over the same decree or affirmation until your subconscious agrees.

Re-read the lesson material I have given to

you concerning emotion. Remember thought and feeling create. If you have a positive thought but your feeling is one of doubt, then you will not produce. So, govern well, my children! For the day has come when you are returned to the Garden of Eden.

ALIGNMENT

I care not what you buy or what you do, but that you are.

Does the above sentence surprise you? What kind of a God have you created for yourself? Can you see how you have humanized God, rather than allowing That that we have named "God" reveal Him/Her/Itself? Now let's look at the above sentence again.

Where is your guilt coming from? Why would God want to punish you *when all there is is God in truth?* What is going on here? Who is God in your mind?

I care not what you buy or what you do, but that you are. I have forgiven you. What does that mean? The Energy that is God in truth is clear as a divine river of love and light. Now take note of this: Align with the Energy of love and light that I AM.

In oneness (union with God, or divine energy I AM) there is always right use of My Energy: a plan. (Please note: Have you been studying *The GodSelf* book without really comprehending it? Has it just been words, but not really a part of yourself? If so, you have most likely been trying to fit the God of your mind, the humanized God, into the revelation of Who I AM. Let God, the allness I AM, reveal the light. Let God empty you to fill you with the Presence. But - first - you must be willing to let the old God dissolve as false and untrue! Get ready for a new revelation - a new thought and a new feeling - every time you read *The GodSelf*.)

I repeat here what I have said

previously: *In oneness there is always right use of My Energy: a plan.* This is the Ultimate frequency of I AM, the consciousness in accord with the Master. And all I AM is yours.

The sacred life of God - the sacred life that is God's life - does not deny. As you connect to the Creative Power and realign to the I AM presence of divine love and life, *all that I have is yours. For you and I are one.* This is a truth that cannot be kept hidden. Come to the Garden of Eden and receive the light.

The sacred life of God (I AM THAT I AM after the order of Melchizedek) always fulfills in the exact rhythm of Its likeness. You *are*. I know only oneness, unity with Myself, so as you agree with My life in you as I AM, all things are given to you without question. Nor do I judge you for what you have received. God is one.

Come, enter into the sanctuary of your own oneness. Feel the intensity of this oneness throbbing with intensity, and give back to Me all that I AM. I like to create (objectify) out of Myself what *I AM. I have given you fruit of the tree of good and evil.* Now return the tree to Me that I might judge arightly in you as I. Come to the place of Creative Power where we are one. In this place there is no other.

All comes home to Me and in Me you are. That is what is important. In Being, God is.

Jesus wept not for man who was evil but for your ignorance. Bathe now in the white light of understanding. Be souls of illumination, Christed.

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Come, Let Me Advise You...

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FEAR NOT

I, Crystal, was watching a television program last night when suddenly I felt "the anointing of the Holy Spirit," a strong sense of the God presence was with me. Then came the thought: Tell them not to fear Me.

Many of you have been taught, perhaps ever so subtly, to fear God. That God will punish you if you do not live up to certain specific standards. Standards usually set by someone, certainly not *God!* *But I want you to be free of all that. Free to come Home and experience the Christ within yourself, free to actually feel and experience the love that is within you as the kingdom of Truth. This is My desire for you as God. I would have you with Me as love.*

God - the Divinity within you - desires to have a relationship with you that is of friendship, companionship, trust and love. God asks that you not fear Him/Her. But open to what may perhaps be a whole new experience of relationship.

God gives to you as Himself/Herself - as all that is beautiful, wonderful and loving. You are the only one who can stop this from happening!

Let Truth reveal to you who you are.

With blessings of continued revelation,
I remain your teacher and your friend,
K.H.

A word about my alignment with the Master Kuthumi.

The blessed friend and teacher is part of me, so that, as I write His words to you, they are words of my being also. We are of one mind. He does not "dictate" to me, nor would He even consider it. He is linked with me as teacher, friend and first sponsor for the University. I never feel as though I am "channeling." I have grown in oneness - expanded in that realm. In the oneness, we are one.
Crystal

Unconscious Desire

THE MASTER'S PAPERS Number 30

Bring all unconscious desire up into the conscious mind. Even the negative. Take a good look at each and every desire. Sort out what you want and do not want. Face each and every desire as it rises! (It is much like sorting papers on your desk. Keep it that impersonal. - C.) Herein lies the domain of the master: Word made flesh.

Quietly, surrendered into your own creative mind now, let the desire of your unconscious mind rise. Had you any realization of what was there within you? What kind of desires are surfacing? Do you agree with all of them? Consciously agree? Are some of these desires, rising from your unconscious, destructive? (Write down everything that is surfacing as desire from your unconscious. This will help to impersonalize and review. Do you find that there are desires here now that do not agree with the "true self"?)

What desires, as they rise, have been manifesting and objectifying in and as your life? Can you now see why nothing should be hidden? (Writing the answers to these questions will assist you in deciding what desires - buried in your subconscious mind - have caused suffering and discord, even confusion, in your life.)

(An interesting and profitable exercise in this weeding process is to create two columns on your paper. One column can contain all the desires that are surfacing from your unconscious (that which you have not been conscious of). The second column can contain a list of problems and obstacles that have been objectifying in your life, as well as happier and successful accomplishments. Now with these two columns in place, draw a connecting line from the desire in the first column to the objectified expression (problem, obstacle, success, etc.). To complete this exercise, cross out all the desires that have surfaced that have been responsible for negative expression in and as your life. As you do this, continue and cross out *with decisiveness* the false creation(s): the result of destructive desire(s). (Remember, you have to be decisive in directing the Creative Power.) This exercise will give you a good idea of *responsibility* in the Creative Force: how each and every one of us is responsible for our environment and the way we live. We choose.- C.)

Choose only the most desirable of desires. Consciously accept these desires as your own. Then, in willingness and full knowledge, permit those desires to objectify.

Herein lies the realm of the master, I repeat.

From The World Mother Office

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Unconscious Desire

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The Resurrection Plane

This is official data which now will be released.

There is a parallel universe of Energy that manifests the minute you become aware of it. *It is the choice that is made.* The laws of this Universe are complementary to your Higher Self.

Your body significantly responds to this plane of Intelligence. This is the place of My Decree. (All that I have is yours.)

The Holy Spirit defines all life, and here in this placement of Energy It concretes Itself as the flow of magical union.

Remember, dimensions release themselves according to your awareness. The visibility of the dimensional frequency is contingent on focus: concentrated focus. (Many of the classes here at the University Headquarters, Castleton, Virginia, are devoted to teaching dimensional focus, shifts in dimension and conscious awareness of other frequencies of love and light.- C.)

The laws of the Resurrection Plane are now in force, constituting a whole new dimension of reality. The dust and smoke that arise have nothing to do with you. *Stay with the resurrection.* Show them the Way. Cloud not your mind with the 'other'. Enter My world. I have a new program to offer you of the Land of Light. (This is the actualization of the parallel universe.)

As you become accustomed to this plane of Resurrection, where Christ is King, illumination is read through the body. The body takes on light - more light - the body wears the light. And I AM that body in you.

From this point on you are in the higher vibratory access. The law of unity prevails. Body cells are drawn into unity, into the One, released again in perfect synchronization, in agreement. Thus the message is carried out: I AM the light of the world.

(June 20, 1992)

When you have enough Spiritual-energy functioning in you, you do not have to push yourself, nor do you have to ask the "Inner Voice" what you are to do next. You are one with your spiritual body and thus move and have your being in Me.

What is it about kundalini that causes a complete transformation of body cells?

The consciousness must become one with God. After it is stabilized, the Fire that is kundalini will rise under the direction of that consciousness, obeying that consciousness.

As the consciousness conceives of the immortal life and the resurrected body, so does kundalini build the body. And this is the resurrection process.

The life force that you know as Kundalini Fire is the throne room of God. Here, in this mystery cloakroom dwells the secret of everlasting life as immortality in the flesh.

The body and the mind must become as one - in harmony.

Supreme harmony does exist. It can be found in the Creator where I AM.

More on the Resurrection

The passing into the New World is happening. Take time to enjoy it. (Every movement is like a new petal opening, gradually and beautifully. Perfect in its fulfillment.)

The light field of energy brings many changes.

If the man is to be governed correctly, he must know this light within himself. It is the place of unified control. And denies Me not.

The program of this light-energy, indwelling each and everyone, is one of

undying surrender to the One. This surrender into the One carries each student to the eventual harmony of complete union. This, then, opens the book to a new life.

History

Do not let history dictate to you. History is illusion. Nothingness. The Truth - living Truth - is *now*, right this moment. Truth cannot be discovered, nor experienced anywhere but *now*.

"Get in the rhythm" means NOW.

The primary circuit does not concern itself with your past, your mistakes; *nor does it have any sense of karma* - be it karmic debt, karmic relationships, etc. The primary circuit only knows Itself (I AM the first and the last in robes of My own choosing) as "I AM" *now*. This is the exact rhythm of creation. It is the Personality of Be-ing.

"Karma" (law of cause and effect) cannot exist and has no law of existence in the now as "I AM." Karma can only exist - have its existence - in history. Thus, when the individual is subject to the past, present and future, then karma *does* exist and the individual is bound to karmic debt, karmic relationships, etc.

To remove oneself from karma is to surrender - yes, there's that word again - totally into the vibratory rhythm and the vibrating action of now, as God is.

Here is the test of the initiate and here, too, is the maintenance of the person. Subject *only* to God, freedom is achieved and consciously understood. You are one with Me, thus free at last.

I AM your brother Kuthumi, joining with Crystal to present this paper. Peace.

LET'S TALK ABOUT GOSSIP

THE MASTER'S PAPERS Number 6

What is gossip? The spreading of malicious lies? The focusing on untruth? The biggggggg fish story? Rumor? Innuendo? Loose tongue and idle chatter?

Why is gossip to be discouraged with a capital "D"? Because it is destructive.

Idle and foolish gossip can tear down the tallest building, hurt and malign the strongest man and disappoint God.

Now, I know that some of you reading this will say, "Ah, Ha! 'Disappoint God'! What a silly woman! God cannot be disappointed! There is no such God that can be disappointed in anything that I or the next person can do. God is far too great and far to encompassing to be 'disappointed' - especially in such a small matter as gossip!"

But I do mean exactly what I have written. Once a commitment has been made to the God Energy who you are in Truth, then a trust has been set up between the Hierarchy (acting as God in expression as government). And as this is a trust to be honored, much depends on you and on me - that we value this trust and this spiritual agreement. When someone breaks that trust, then many suffer the consequences.

One of the first laws of consciousness for the blossoming initiate on the Path is: Refrain from gossip. Honor communications and respect the confidentiality of friendships, partnerships and the global family. Your loose tongue could very well cost the good health of another, or drastically slow down a valuable mission.

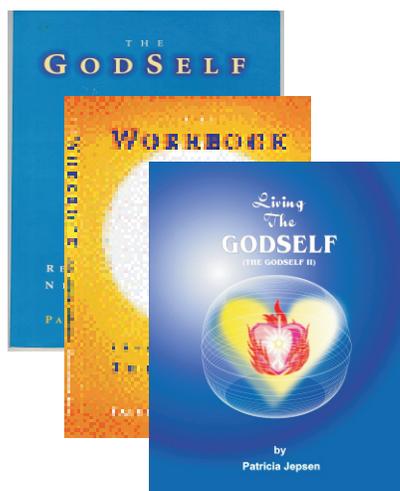
And gossip hurts the one who gossips! What you say returns a hundred fold. Watch the tongue. For we are reminded in this Order that the tongue is truly the instrument of God. It carries forth the speech of Truth, the glorious Word. It is the instrument of consciousness. To commit the tongue to God-Consciousness is the path of the initiate.

The person who is "curious" concerning another, who probes and fishes until that curiosity is satisfied, is not resting in Christ. Low self-esteem, lack of self-confidence, laziness, meanness, lack of discipline are the calling cards for the gossip!

To spread idle stories is to nourish the lie. It is to nourish and ACCEPT the sense of self, the "human condition."

You water your garden of Truth by seeing and acknowledging the Christ within all peoples. Turn away from gossip, from discussing other people's affairs. Say to those who wish to "tell you something," I AM NOT INTERESTED! Turn away from that and take up the Christ Presence. If you can do this, you will be helping humanity and God's wonderful plan! Gossip and idle chatter can and often do destroy. Rest with the Mother of All Life and contemplate the Christ Who is God in you. And say unto those who would gossip: GO THY WAY. Then shall you help and not hinder. And the peace of God shall be upon you.

Crystal



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A new package featuring *The GodSelf*, the companion study guide, *The Workbook*, and the sequel edition, *Living the GodSelf*.

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